Aller-Essentials

Supports healthy immune response to environmental factors‡

INDICATIONS

- Ages 18 and up
- Environmental and seasonal immune response support‡

BENEFITS

- Helps maintain healthy seasonal immune function‡
- Supports both innate and adaptive immune response‡
- Promotes normal nasal function‡
- Helps stabilize mast cells‡

FEATURES

- Made from a blend of nutrients and herbal extracts
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

Aller-Essentials contains a blend of nutrients and herbal extracts designed to maintain healthy seasonal immune function. EpiCor® *Saccharomyces cerevisiae* fermentate contains numerous immune-enhancing bioactive metabolites designed to support both innate and adaptive immune response.[1] Research suggests that it enhances natural killer cell activation, B cell and T cell function, and salivary IgA levels.[2] In a double-blind, placebo-controlled trial involving 96 subjects, EpiCor® supported nasal comfort during a 12-week period in the spring. Additionally, it supported salivary IgA levels, an important first-line defense produced by the mucosal tissue.[3] In a randomized, double-blind trial involving 75 individuals, *Tinospora cordifolia* provided significant support for a healthy immune response by maintaining normal nasal function as well as healthy neutrophil and eosinophil activity.[4] A randomized, double-blind, placebo-controlled trial involving apple polyphenols reveals support for maintaining a healthy nasal lining and nasal function.[5] Quercetin, hesperidin and vitamin C provide additional support for stabilizing mast cells.[6,7,8]‡

SUGGESTED USE

As a dietary supplement, take 2 capsules, 1-2 times daily, with or between meals, or as directed by a health professional.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Vitamin C is derived from corn dextrose fermentation
- *Tinospora cordifolia* extract is derived from roots and stem and standardized to contain 2.5% bitter principles
- Quercetin is derived from the Fava d'anta tree (*Dimorphandra mollis*) pods and Cat's claw (*Uncaria tormentosa*) leaves
- Hesperidin methyl chalcone is derived from sweet orange
- EpiCor® dried yeast fermentate complex is derived from *Saccharomyces cerevisiae*
- Apple extract is derived from *Malus pumila mill* whole fruit and standardized to contain 75% polyphenols
- Maltodextrin is derived from corn
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil

NOTES

Size 00 caps

Bottle counts 60, 120

Order codes ALE26, ALE21

Bottle sizes 190 cc, 290 cc

pure encapsulations®

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REFERENCES

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2. Jensen GS, et al. *J Med Food.* 2011 Sep;14(9):1002-10.
3. Moyad MA, et al. *Adv Ther.* 2009 Aug;26(8):795-804.
4. Badar VA, et al. *J Ethnopharmacol.* 2005 Jan 15;96(3):445-9.
5. Enomoto T, et al. *J Investig Allergol Clin Immunol.* 2006;16(5):283-9.
6. Nieman DC, et al. *J Appl Physiol* (1985). 2007 Nov;103(5):1728-35.
7. Choi IY, et al. *Mol Cell Biochem.* 2007 Nov;305(1-2):153-61.
8. Bucca C, et al. *Ann Allergy.* 1990 Oct;65(4):311-4.

SUPPLEMENT FACTS

2 capsules, 1-2 times daily, with or between meals, or as directed by a health professional.

Two (size 00) vegetarian capsules contain:

Vitamin C (as ascorbic acid)	250 mg
Indian tinospora (*Tinospora cordifolia*) extract (aerial parts)	450 mg
EpiCor® dried yeast fermentate complex (from *Saccharomyces cerevisiae*)	250 mg
Quercetin	125 mg
Hesperidin methyl chalcone	100 mg
Apple (*Malus pumila*) extract (whole fruit) (standardized to contain 75% polyphenols)	50 mg

Other ingredients: vegetarian capsule (cellulose, water), maltodextrin, ascorbyl palmitate

EpiCor® is a registered trademark of Embria Health Sciences, L.L.C.

(GF) (NON GMO) (V) (VEG)

Aller-Essentials	Quantity	Order Code
	120	ALE21
	60	ALE26

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