

CholestePure[†]

Phytosterol complex; supports healthy lipid metabolism[†]

INDICATIONS

- Ages 18 and up
- Healthy lipid metabolism support[†]

BENEFITS

- Promotes healthy lipid metabolism[†]
- Provides phytosterols without the calories and fat from margarines, spreads, or salad dressings[†]
- Supports healthy prostate function[†]

FEATURES

- A broad-spectrum balance of the most prized phytosterols
- Made with high-quality, vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Phytosterols are sterol molecules, similar in structure to cholesterol, which are synthesized by plants and are present naturally in grains, nuts, seeds, fruits and vegetable oils. In studies, phytosterols have demonstrated the ability to maintain healthy enzyme function, thus supporting healthy lipid metabolism.¹ Traditional Western diets only provide about 200 mg phytosterols per day (based on beta-sitosterol content), an amount too low to exert this action.² Recent health-conscious trends involve the incorporation of phytosterol esters into margarines and salad dressings to help promote optimal daily intake.³ CholestePure provides a broad spectrum of bioactive phytosterols, including beta-sitosterol, campesterol, stigmasterol, and brassicasterol, without the calories and fat from margarines, spreads, or salad dressings. Randomized, double-blind, placebo-controlled trials also indicate that beta-sitosterol promotes healthy prostate function when supplemented over a 6-month period.^{4-6†}

SUGGESTED USE

As a dietary supplement, take 2 capsules with each meal, or as directed by a health professional.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- CholestePure is a phytosterol complex derived from soybean oil. Each capsule contains (typically) 450 mg total phytosterols and (typically) 230 mg beta-sitosterol, 135 mg campesterol, 82 mg stigmasterol, 1.5 mg brassicasterol and 1.5 mg sitostanol.
- Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation.
- Hypo-allergenic plant fiber is derived from pine cellulose.

NOTES

Size 00 caps

Bottle counts 90, 180

Order codes CHO9, CHO1

Bottle sizes 290 cc, 20 oz

REFERENCES

1. Lau VW, et al. *Am J Clin Nutr.* 2005 Jun;81(6):1351-8.
2. Lee MH, et al. *Curr Opin Lipidol.* 2001 Apr;12(2):141-9.
3. Heggen E, et al. *Nutr Metab Cardiovasc Dis.* 2010 May;20(4):258-65.
4. Wilt TJ, et al. *BJU Int* 1999;83:976-83.
5. Berges RR, et al. *BJU Int.* 2000 May;85(7):842-6.
6. Klippel KF, et al. *Br J Urol.* 1997 Sep;80(3):427-32.

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SUPPLEMENT FACTS

2 capsules with each meal, or as directed by a health professional.

Two (size 00) vegetarian capsules contain:

Phytosterol complex	1,000 mg
(including betasitosterol, campesterol, stigmasterol, brassicasterol and sitostanol)	
Providing (typical):	
Total phytosterols	900 mg

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate, hypodallergenic plant fiber (cellulose)

Contains soy



CholestePure [†]	Quantity	Order Code
	180	CHO1
	90	CHO9

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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