

Cognitive Aminos

Support for cognitive function and healthy neurotransmitter activity[†]

INDICATIONS

- Ages 18 and up
- Cognitive support[†]

BENEFITS

- Supports healthy neurotransmitter activity, supporting mental function and healthy mood[†]
- Promotes healthy brain cell function[†]

FEATURES

- Blend of amino acid precursors
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Age-related decreases in levels of several amino acids may influence cognitive function. Amino acids are important intermediates in the production of neurotransmitters in the brain and are involved in neuromodulating activities. L-tyrosine is an amino acid naturally synthesized in the body. It is the precursor of the neurotransmitters L-DOPA, dopamine, norepinephrine and epinephrine, supporting mood and mental clarity.¹ DL-Phenylalanine provides a mixture of two essential amino acids, d-phenylalanine and l-phenylalanine. In the body, l-phenylalanine converts to l-tyrosine, enhancing neurotransmitter support. A separate pathway allows both d- and l-phenylalanine to support levels of the mood-elevating compound phenylethylamine, a function not provided by l-tyrosine.² The serotonin precursor l-tryptophan is included to support emotional well-being, relaxation and restful sleep. In a double-blind, placebo-controlled study, l-tryptophan supported healthy emotional processing and promoted positive outlook in women.³ Taurine is considered an inhibitory amino acid, helping to maintain healthy glutamate and other excitatory amino acid activity in the brain. This provides neuroprotective action important for maintaining healthy brain cell function.⁴ Acetyl-l-carnitine plays an important role in multiple metabolic and neurotransmitter systems in the brain, supporting memory, attention, mental clarity and mood.^{5†}

SUGGESTED USE

As a dietary supplement, take 2 capsules, 1-2 times daily, between meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

PHENYLKETONURICS: CONTAINS PHENYLALANINE

SOURCE

- DL-phenylalanine (free-form) synthetically produced
- Taurine (free-form) synthetically produced
- L-tyrosine (free-form) is derived from corn glucose fermentation
- Acetyl-l-carnitine (free-form) synthetically produced
- Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil

NOTES

Size 00 caps

Bottle count 120

Order code CA21

Bottle size 290 cc

REFERENCES

1. Meyers S. *Altern Med Rev.* 2000 Feb;5(1):64-71.
2. Beckmann H, et al. *Journal of Neural Transmission.* 1977. 41(2); 123-34.
3. Murphy SE, et al. *Psychopharmacology (Berl).* 2006 Jul;187(1):121-30.
4. Bae MA, et al. *Adv Exp Med Biol.* 2019;1155:335-47.
5. Passeri M, et al. *Int J Clin Pharmacol Res.* 1990;10(1-2):75-9.

Cognitive Aminos

Support for cognitive function and healthy neurotransmitter activity[†]

SUPPLEMENT FACTS

2 capsules, 1-2 times daily, between meals.

Two (size 00) vegetarian capsules contain:

| | |
|--------------------------------|--------|
| DL-Phenylalanine (free-form) | 250 mg |
| Taurine (free-form) | 250 mg |
| L-Tyrosine (free-form) | 250 mg |
| Acetyl-L-carnitine (free-form) | 250 mg |
| L-Tryptophan (free-form) | 200 mg |

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

AjiPure® is a registered trademark of AJINOMOTO® CO., INC. /

TryptoPure® is a registered trademark of AJINOMOTO® CO., INC..

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

PHENYLKETONURICS: CONTAINS PHENYLALANINE.



| Cognitive Aminos | Quantity | Order Code |
|------------------|----------|------------|
| | 120 | CA21 |

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

800.753.2277 | PureEncapsulationsPro.com

©2021 Pure Encapsulations, LLC. All Rights Reserved.

pure
encapsulations®