MSM (methylsulfonylmethane)

Provides sulfur to support joint, immune and respiratory health^{*}

INDICATIONS

- Ages 18 and up
- Joint health support^{*}
- Immune system and respiratory support^{*}

BENEFITS

- Helps maintain connective tissue health[‡]
- Supports tissue containing collagen and keratin including hair, skin and nails[‡]
- May promote immune and respiratory health[‡]

FEATURES

- Contains 99.7% pure, patented MSM
- As the major metabolite of DMSO (dimethyl sulfoxide), contains 34% elemental sulfur
- Available in convenient capsule and powder forms
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Pure Encapsulations' MSM (methylsulfonylmethane or dimethylsulfone) is a source of organic sulfur found naturally in the human body. MSM, the major metabolite of DMSO (dimethyl sulfoxide), is 34% elemental sulfur, a compound which is crucial in maintaining healthy tissues.¹ While sulfur supports many functions, it is well known for maintaining connective tissue health.² Sulfur also supports tissue containing significant amounts of collagen and keratin, including hair, skin and nails.³ Sulfur is essential in methionine, cysteine and serum protein metabolism.⁴ Preliminary evidence suggests that MSM may also provide potential support for healthy immune and respiratory function.⁵¹

SUGGESTED USE

MSM capsules

As a dietary supplement, take 2 capsules, 1-4 times daily, with meals.

MSM powder

As a dietary supplement take 1 scoop, 1-2 times daily, in a beverage, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

• Pure Encapsulations MSM is synthetically derived. The MSM used in this product is OptiMSM[®] brand, which is a registered trademark of Cardinal Nutrition

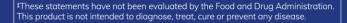
NOTES

MSM capsules Size 0 caps Bottle count 250, 360 Order codes MSM2, MSM3 Bottle size 20 oz, 26 oz

MSM powder Serving size: 3 g (1 scoop) Servings per container: 75 Order codes MSMP Bottle size 20 oz

REFERENCES

- 1. Richmond VL. Life Sci. 1986 Jul 21;39(3):263-8.
- 2. Kim LS, et al. Osteoarthritis Cartilage. 2006 Mar;14(3):286-94.
- 3. Sullivan MX, et al. J. Bone and Joint Surg. 1934; 16, 185.
- 4. Parcell S. Altern Med Rev. 2002 Feb;7(1):22-44.
- 5. Nakhostin-Roohi B, et al. J Pharm Pharmacol. 2011 Oct;63(10):1290-4.



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SUPPLEMENT FACTS

2 c	apsule	es, 1	1-4 times	daily, with	meals.	
100-00	1000			-	100 1000	

Two (size 00) vegetarian capsules contain: Methylsulfonylmethane (MSM)

Other ingredients: vegetarian capsule (cellulose, water)

OptiMSM® is a registered trademark of Bergstrom Nutrition.



MSM capsules	Quantity	Order Code
	360	MSM3
	250	MSM2

1 scoop, 1-2 times daily, in a beverage, with meals.

Serving size: 3 g (1 scoop) Servings per container: 75

Each scoop contains:

Methylsulfonylmethane

3 g

1,700 mg

OptiMSM[®] is a registered trademark of Bergstrom Nutrition.



MSM powder	Quantity	Order Code
	8 oz (227 g)	MSMP

Visit PureEncapsulationsPro.com for more information about our GMO

