

PurePals

Chewable daily multivitamin/mineral formula †

INDICATIONS

- For children ages 3 and up
- Optimal health and wellness for children†
- Healthy immune, nervous system, and bone support†
- Cognitive and positive mood support†

BENEFITS

- Scientifically based blend of vitamins and minerals supports optimal health for children†
- Promotes healthy cognitive function, positive mood and immune defense†
- Provides antioxidants and support for nervous system and bone health†
- Contains xylitol for dental health support†

FEATURES

- Chewable, highly bioavailable multivitamin/mineral designed for children aged 3 years and older
- Great-tasting natural cherry flavor
- Available with or without iron
- Contains no added sugar, fructose, artificial flavors or artificial sweeteners
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

PurePals provides a broad-spectrum, scientifically based blend of vitamins and minerals to promote the optimal health of children ages 3 and older. Contains highly bioavailable vitamins, minerals, choline and citrus bioflavonoids. Formulated to provide nutrients to support physiological functions, including nutrient metabolism and utilization, free radical scavenging antioxidant activity, nervous system health and bone health.¹ Research indicates that regular multivitamin/mineral supplementation provides support for healthy cognitive function, positive mood and immune defense.^{2,3} Additionally, each PurePals tablet contains 1 gram of xylitol, a sweetening compound that supports dental health.^{4,5†}

SUGGESTED USE

As a dietary supplement, children aged 3, take 1 chewable tablet daily, with a meal. Adults and children ages 4 and up, take 2 chewable tablets daily, with a meal.

STORAGE

Store in a cool, dry place.

WARNING

PurePals: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

PurePals (with Iron): If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **ADDITIONAL WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

SOURCE

- Mixed carotenoids are derived from *Blakeslea trispora*
- Vitamin C, riboflavin and vitamin B₁₂ are derived from corn dextrose fermentation
- Vitamin D₃ is derived from lanolin
- Vitamin E is derived from soybean oil
- Vitamin A, thiamine, niacinamide, vitamin B₆, folic acid, biotin and pantothenic acid (vitamin B₅) are synthetically derived
- Iodine is derived from kelp
- Citrus bioflavonoids are derived from citrus
- Choline is synthetic
- Minerals are naturally derived from earthen ore

Sources of the mineral chelates include:

- Ascorbate: derived from corn dextrose fermentation
- Amino acid chelate: synthetic
- Aspartate: synthetic
- Glycinate: synthetic
- Citrate: derived from corn dextrose fermentation
- Krebs cycle chelate: synthetic

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- Picolinate: synthetic
- Xylitol is derived from corn cob and purified to be free of corn protein
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Natural cherry flavor is derived from fruit
- Vegetable oil esters are derived from coconut oil

NOTES

Chewable tablet

Bottle count 90

Order code PUPC9, PUPI9

Bottle size 300 cc

REFERENCES

1. Comerford K. *Advances in Nutrition*, Volume 4, Issue 6, November 2013, Pages 644–65.
2. Haskell CF, et al. *Br J Nutr*. 2008 Nov;100(5):1086-96.
3. Endre L, et al. *Orv Hetil*. 2001 Feb 11;142(6):283-7.
4. Marghalani AA, et al. *Pediatr dent*. 2017 Mar 15;39(2):103-110.
5. Riley P, et al. *Cochrane Database Syst Rev*. 2015 Mar 26;(3):CD010743.

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SUPPLEMENT FACTS

Children age 3, take 1 chewable tablet daily, with a meal.
Adults and children ages 4 and up, take 2 chewable tablets daily, with a meal.

Two chewable tablets contain:

Calories	6
Total carbohydrate	2 g
Total sugars	0 g
Sugar alcohols	2 g
Vitamin A (as vitamin A palmitate and 71% beta carotene)	1,050 mcg
Vitamin C (as calcium ascorbate and 48% ascorbic acid)	250 mg
Vitamin D (as cholecalciferol) (D ₃)	10 mcg (400 IU)
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	20 mg
Thiamin (as thiamin mononitrate) (B ₁)	3 mg
Riboflavin (vitamin B ₂)	1.7 mg
Niacin (as niacinamide)	14 mg
Vitamin B ₆ (as pyridoxine HCl)	2 mg
Folate (as Metafolin®, L-5-MTHF) 667 mcg DFE (400 mcg L-5-MTHF)	
Vitamin B ₁₂ (as methylcobalamin)	6 mcg
Biotin	300 mcg
Pantothenic acid (as calcium pantothenate) (B ₅)	12 mg
Choline (as choline bitartrate)	16 mg
Calcium (as calcium citrate and calcium ascorbate)	100 mg
Iodine (from potassium iodide)	30 mcg
Magnesium (as magnesium aspartate)	40 mg
Zinc (as zinc amino acid chelate)	2 mg
Selenium (as selenium amino acid chelate)	40 mcg
Copper (as copper amino acid chelate)	180 mcg
Manganese (as manganese amino acid chelate)	2 mg
Chromium (as chromium picolinate)	40 mcg
Molybdenum (as molybdenum amino acid chelate)	5 mcg
Potassium (as potassium aspartate)	10 mg
Citrus bioflavonoids	10 mg
Boron (as boron citrate)	20 mcg
Vanadium (as vanadium amino acid chelate)	3 mcg
Other ingredients: xylitol, red beet root juice, ascorbyl palmitate, malic acid, cellulose, natural cherry flavor, lo han (<i>Momordica grosvenorii</i>) extract (fruit)	

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.



PurePals	Quantity	Order Code
	90	PUPC9

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Pantothenic acid (as calcium pantothenate) (B ₅)	12 mg
Choline (as choline bitartrate)	16 mg
Calcium (as calcium citrate and calcium ascorbate)	100 mg
Iron (as iron tris-glycinate)	10 mg
Iodine (from potassium iodide)	30 mcg
Magnesium (as magnesium aspartate)	40 mg
Zinc (as zinc amino acid chelate)	2 mg
Selenium (as selenium amino acid chelate)	40 mcg
Copper (as copper amino acid chelate)	180 mcg
Manganese (as manganese amino acid chelate)	2 mg
Chromium (as chromium picolinate)	40 mcg
Molybdenum (as molybdenum amino acid chelate)	5 mcg
Potassium (as potassium aspartate)	10 mg
Citrus bioflavonoids	10 mg
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PurePals (with iron)	Quantity	Order Code
	90	PUPI9

Visit PureEncapsulationsPro.com for more information about our GMO policy.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.