

Saw Palmetto 320

Time-tested support for urinary function and prostate health[†]

INDICATIONS

- Ages 18 and up
- Healthy prostate support[†]
- Healthy urinary function support[†]

BENEFITS

- Time-tested support for healthy prostate and urinary function[†]
- Supports healthy testosterone metabolism[†]

FEATURES

- Standardized to contain 85% total fatty acids
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

Saw Palmetto 320 supports healthy prostate and urinary function. In countries like New Zealand, France, Germany and Austria, this herb has been the gold standard for prostate support for many years.¹ Its primary mode of action involves supporting healthy testosterone metabolism, in part by maintaining healthy 5-alpha-reductase enzyme activity and receptor binding.² A meta-analysis of 18 randomized controlled trials involving almost 3,000 men also reported urologic benefits and healthy urinary function with saw palmetto.³ Similarly, a three-year German study demonstrated favorable effects on urinary function in volunteers.⁴

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-2 times daily, between meals.

STORAGE

Store in a cool, dry place.

WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Saw palmetto extract is produced using a supercritical CO₂ extraction process. It is derived from *Serenoa repens* fruit and standardized to contain 85% total fatty acids and 0.15% phytosterols

NOTES

Size 6 softgel

Bottle counts 120, 240

Order codes SP31, SP32

Bottle sizes 190 cc, 290 cc

REFERENCES

1. Zhan XX, et al. *Zhonghua Nan Ke Xue*. 2015 Sep;21(9):841-6.
2. Aliaev luG, et al. *Urologija*. 2013 Jul-Aug;(4):32-6.
3. Wilt TJ, et al. *JAMA*. 1998 Nov 11;280(18):1604-9.
4. Bach D, et al. *Phytomedicine*. 1996. 3(2);105-111.

SUPPLEMENT FACTS

1 capsule, 1-2 times daily, between meals.

Each (size 6) softgel capsule contains:

Saw palmetto (<i>Serenoa repens</i>) extract (fruit)	320 mg
(standardized to contain 85% total fatty acids)	
Other ingredients: gelatin capsule (gelatin, glycerin, water)	

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Saw Palmetto 320	Quantity	Order Code
	240	SP32
	120	SP31

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